

Tameside Gracie Jiu-Jitsu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>Open training and special events will be communicated to members via text and email.</p> <p>Private classes are also available.</p>
Gracie Bullyproof <i>10-13 Yrs</i> 17:30 - 18:15	Gracie Bullyproof <i>7-9 Yrs</i> 17:30 - 18:15	Gracie Bullyproof <i>10-13 Yrs</i> 17:30 - 18:15	Gracie Bullyproof <i>7-9 Yrs</i> 17:30 - 18:15		
Master Cycle <i>Advanced</i> 18:30 - 19:30	Gracie Combatives <i>Beginners</i> 18:30 - 19:30	Master Cycle <i>Advanced</i> 18:30 - 19:30	Gracie Combatives <i>Beginners</i> 18:30 - 19:30		
Gracie Combatives <i>Beginners</i> 19:30 - 20:30	Ladies Only Coming soon... 19:30 - 20:30	Gracie Combatives <i>Beginners</i> 19:30 - 20:30	Master Cycle <i>Advanced</i> 19:30 - 20:30		

Schedule a Free, No Obligation, Introductory Class Today!

Come and take your first class at Gracie Jiu-Jitsu Tameside for free... This will be an excellent opportunity for you to learn more about the program, meet the other members/instructors and experience Gracie Jiu-Jitsu. There's absolutely no obligation to join or take advantage of our special introductory offers either. Get in touch today to schedule your first class.